



It's Allergy Season!

Please remember to give your child his/her allergy medicine before coming to school.

Thank you!

April 2018

Special points of interest:

- ☺ Allergy Season Notice
- ☺ Infant/Toddler Lesson Plans
- ☺ Preschool Lesson Plans
- ☺ We're on the Web

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Infant/Toddler Lesson Plan

Finger play

>"Here Comes Peter Cotton Tail"

Cognitive Skills

>Find the egg

>Readiness skills

>Look at pictures (color id- pink)

Fine & gross motor skills

>Fine motor skills—Grab it (egg)!

>Gross motor skills—"Hop Little bunnies"

"See the Easter Bunny"

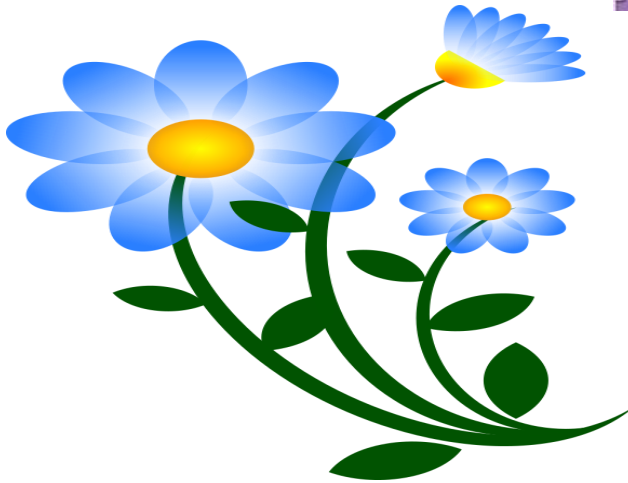
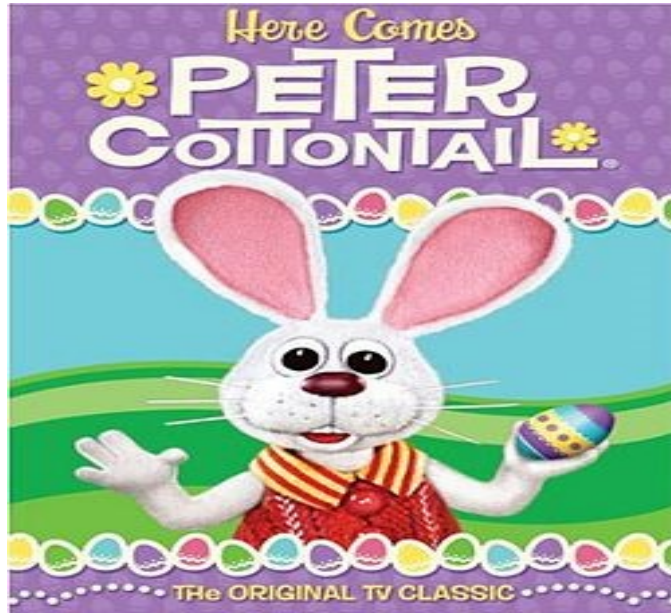
Physical Development

(coordinating movement)

>Activity center

>Playing with oval shapes - eggs

> Counting bunnies



Tummy time

>Play mat with objects
(physical development/coordinating movement)

Circle time

>ABC's song

>Numbers—big foam blocks

>Colors the chick

>Viewing animal Flash cards (cognitive development/
exploring and discovering)

Music with Motion

Singing "Easter Bunny Hippity Hop" and making hand
gestures

Reading Readiness Skills

>"I'm a Little Chicken" Physical contact
(large motor skills)

Social/ Emotional Skills

>Telephone!

>Facial expressions

>Communication, responding to baby with positivity
and action words

Arts and Crafts

(personal and social development/learning about
self)

>Handprint Flowers

Story time

>Puppet Show with Mr. Bunny

Coordinating Movement

>Push walker/ Pull a toy behind



Lesson Plan : 2s & 3s

Letters: K & L—Letter Hunt; Letter Race (cognitive skills)

Numbers: 11 & 12—Number Hunt (cognitive skills)

Number Worksheet: Color by number (fine motor skills/cognitive development)

Exercise: Easter egg hunt (physical development-gross motor skills)

Colors: White & Pink—Color Scavenger Hunt (cognitive development)

Shape: Oval —like an egg (social/emotional development)

Story: Peter Cotton Tail (language and literacy development)

Handwriting: K & L with chalk and/or markers (fine motor skills)

Spanish: Food

Song: "Ten Fluffy Chickens" (social/emotional development)

Music: Singing Songs/ playing instruments

Arts & Crafts: Rabbit Puppets

Sign Language: Colors- pink and white

Language Development: Early Literacy: Pre-Reading and Pre-Writing/Story Time

Lesson Plan : 4s & 5s

Reviewing: Beginning blend sounds (reading readiness)

Practice: Drawing "oval shape" with crayons (fine motor skills)

Exercise: Easter egg hunt (physical development—gross motor skills)

Handwriting: First and Last Name (fine motor skills/reading readiness)

Math: Subtraction from 10—using bears and/or counters (cognitive development)

Colors: White and Pink—Color Scavenger Hunt (cognitive development)

Song: "Little Peter Rabbit"

Story: Peter Cotton Tail

Spanish: Conversation

Music: Singing songs/ reciting poems

Arts & Crafts: Rabbit Puppets

Sign Language: Colors- pink and white

Language Development: Early Literacy: Pre-Reading and Pre-Writing—Sight Words

Cognitive Skills: Sorting colors or the eggs or Matching Game





Keys to self- control

How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.

Talk it out

Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated? Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book), encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room- maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

Think ahead

Prepare for situations where self-control comes in handy. You could say, "We're going to your cousin's house. Let's think about what you can do if she's playing with a toy you want." He may ask to join her, or he could ask to play with another toy until she's finished. Having a plan can help him avoid grabbing the toy or yelling at his cousin.

Calm down

When your youngster begins to get upset, help him find ways to keep his cool. For instance, he might take a deep breath, count to five, or draw a picture of how he is feeling. The distraction may be enough to settle him down. And once he's used to these techniques, he'll be able to do them without a reminder from you.
