



# Happy Holidays To All

The Center will be closed from  
December 23<sup>rd</sup> - December 27<sup>th</sup>



December 2019

## Special points of interest:

- ☺ Christmas Party
- ☺ Holiday Closures
- ☺ Infant/Toddler Lesson Plan
- ☺ Preschool Lesson Plans
- ☺ We're on the Web

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# Infant/Toddler Lesson Plan

## Finger Play

- >Identifying fine motor skills
- >"Silent night " singing

## Cognitive Skills

- >Find hidden objects (ex: ball in box) - sensory exploration

## Readiness skills

- >Look at pictures—Our Community

## Fine & gross motor skills

- >Fine motor skills—Puzzle time
- >Gross motor skills—Up and Down

## Physical Development

- >Activity center
- >Playing with shapes
- > Block building



## Tummy Time

- >Play mat with objects

## Circle Time

- >ABC's song
- >Numbers—foam
- >Colors with felt
- >Viewing Large Flash cards—animals

## Music with Motion

- Singing "Jingle Bells" with the bells



## Reading Readiness Skills

- >"Twinkle Twinkle Little Star" physical contact

## Social/ Emotional Skills

- >Facial expressions

## Communication

- >Telephone
- >Make eye contact and communicating with the child.

## Arts and Crafts

- >Finger Painting

## Story time

- >Puppet Show

## Coordinating Movement

- Push walker/ Pull a toy behind



## Lesson Plan: 2s and 3s

**Letters:** V, X & M—Letter Match, Sensory Letters (fine motor skills/cognitive development)

**Numbers:** 7 & 8—Sensory Numbers, Number Race (fine motor skills/cognitive development)

**Number Worksheets:** Color by Number—holiday theme (fine motor skills/cognitive development)

**Exercise:** The Popcorn (physical development—gross motor skills)

**Color(s):** Red & White—Scavenger Hunt (cognitive development/social-emotional development)

**Shape:** Star—using craft sticks (fine motor skills)

**Story:** 'Twas the Night Before Christmas (language and literacy)

**Handwriting:** V, X & M with chalk and/or Etch-a-Sketch with stylus (fine motor skills)

**Spanish:** Parts of the Body

**Songs:** "We Wish You a Merry Christmas"; "Jingle Bells" with bells

**Music:** Dancing with scarves (physical development)

**Arts & Crafts:** Painting with foam; making key chains (fine motor skills/social-emotional development)

**Sign Language:** Colors

**Language Development:** Early Literacy: Pre-Reading and Pre-Writing/Story time

**Cognitive Skills:** Memory (first and last name)

## Lesson Plan: 4s & 5s

**Reviewing** short vowel sounds (reading readiness)

**Practice:** Drawing squares using chalk (fine motor skills)

**Exercise:** Zumba (physical development—gross motor skills)

**Handwriting:** First & Last name—using markers and/or crayons (fine motor skills)

**Math:** Sorting objects by size (cognitive development)

**Color(s):** Red & White—Scavenger Hunt (cognitive development/social-emotional development)

**Story:** 'Twas the Night Before Christmas

**Songs:** "Over the River"/ "Jingle Bells" with bells/ "Frosty the Snowman"

**Spanish:** Food

**Music:** Singing songs/ reciting poems

**Arts & Crafts:** Paint (red, green & yellow); Gift making- Key Chains/ Stringing Popcorn (fine motor skills/social-emotional development)

**Sign Language:** Transportation

**Computers:** ABCMouse.com

**Language Development:** Early Literacy: Pre-Reading and Pre-Writing—Sight Words

**Cognitive Skills:** Memory (days of the week)

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## Recipe of the Month

### Christmas Trees in the Snow

Ingredients:

- 2-6 Sugar Ice Cream Cones (Pointed)
- Paper towels
- 1 tube of Green Frosting
- 1 cup of colorful Captain Crunch, Fruity Pebbles, or any colorful cold cereal (shaped like balls)
- 1 cup of Cool Whip
- 1 can of Redi-Whip
- Paper plates
- Plastic knife

Place paper plates on table. Divide and spread cool whip on each plate (use more if you like) Take the knife and spread green frosting all around the sugar cone including the top.

Spread cereal on the paper towels and roll the cones in the cereal to cover the cones. (The cereal will act as ornaments)

Place the trees open side down in the cool whip .

Use the redi-whip to make snow caps on the trees. Sprinkle remaining cereal on cool whip.

Take pictures and Enjoy!

## Homework Reminder

Please encourage your child in writing and pronouncing his or her name.

This is a fantastic way to build and develop their reading and writing skills.

Helping to build a child's solid foundation will allow them to withstand all obstacles and teach them to soar!

**Parents, please practice with your child(ren) 911 for emergencies.**

**Have a blessed and safe holiday!**