

April



Easter is on Sunday, April 12th

It's Allergy Season!

Please remember to give your child his/her allergy medicine before coming to school.

Thank you!

April 2020

Special points of interest:

- ☺ **Allergy Season Notice**
- ☺ **Infant/Toddler Lesson Plans**
- ☺ **Preschool Lesson Plans**
- ☺ **We're on the Web"**

www.chrislearningcenter.com

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Infant/Toddler Lesson Plan

Finger play

>“Here Comes Peter Cotton Tail”

Cognitive Skills

>Find the egg

>Readiness skills

>Look at pictures (color id- pink)

Fine & gross motor skills

>Fine motor skills—Grab it (egg)!

>Gross motor skills—”Hop Little bunnies”

“See the Easter Bunny”

Physical Development

(coordinating movement)

>Activity center

>Playing with oval shapes – eggs

> Counting bunnies



Tummy time

>Play mat with objects
(physical development/coordinating movement)

Circle time

>ABC's song

>Numbers—big foam blocks

>Colors the chick

>Viewing animal Flash cards (cognitive development/ exploring and discovering)

Music with Motion

Singing “Easter Bunny Hoppity Hop” and making hand gestures



Reading Readiness Skills

>“I’m a Little Chicken” Physical contact
(large motor skills)

Social/ Emotional Skills

>Telephone!

>Facial expressions

>Communication, responding to baby with positivity and action words

Arts and Crafts

(personal and social development/learning about self)

>Handprint Flowers

Story time

>Puppet Show with Mr. Bunny

Coordinating Movement

>Push walker/ Pull a toy behind



Lesson Plan : 2s & 3s

Letters: K & L—Letter Hunt; Letter Race (cognitive skills)

Numbers: 11 & 12—Number Hunt (cognitive skills)

Number Worksheet: Color by number (fine motor skills/cognitive development)

Exercise: Easter egg hunt (physical development-gross motor skills)

Colors: White & Pink—Color Scavenger Hunt (cognitive development)

Shape: Oval —like an egg (social/emotional development)

Story: Peter Cotton Tail (language and literacy development)

Handwriting: K & L with chalk and/or markers (fine motor skills)

Spanish: Food

Song: “Ten Fluffy Chickens” (social/emotional development)

Music: Singing Songs/ playing instruments

Arts & Crafts: Rabbit Puppets

Sign Language: Colors– pink and white

Language Development: Early Literacy: Pre-Reading and Pre-Writing/Story Time

Cognitive Skills: Memory (Numbers 1-8)

Lesson Plan : 4s & 5s

Reviewing: Beginning blend sounds (reading readiness)

Practice: Drawing “oval shape” with crayons (fine motor skills)

Exercise: Easter egg hunt (physical development—gross motor skills)

Handwriting: First and Last Name (fine motor skills/reading readiness)

Math: Subtraction from 10—using bears and/or counters (cognitive development)

Colors: White and Pink—Color Scavenger Hunt (cognitive development)

Song: “Little Peter Rabbit”

Story: Peter Cotton Tail

Spanish: Conversation

Music: Singing songs/ reciting poems

Arts & Crafts: Rabbit Puppets

Sign Language: Colors– pink and white

Language Development: Early Literacy: Pre-Reading and Pre-Writing—Sight Words

Cognitive Skills: Sorting colors or the eggs or Matching Game



Keys to self-control.

- **How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.**

Talk it out.

- **Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated? Where did I last have them?" Then, when he's aggravated)say, he misplaced his favorite book?, encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room- maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.**

Think ahead.

- **Prepare for situations where self-control comes in handy. You could say, "We're going to your cousin's house. Let's think about what you can do if she's playing with a toy you want." He may ask to join her, or he could ask to play with another toy until she's finished. Having a plan can help him avoid grabbing the toy or yelling at his cousin.**

Calm down.

- **When your youngster begins to get upset, help him find ways to keep his cool. For instance, he might take a deep breath, count to five, or draw a picture of how he is feeling. The distraction may be enough to settle him down. And once he's used to these techniques, he'll be able to do them without a reminder from you.**
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