# February

# **Parent Reminder:**

# The center will be closed: Monday, February 15<sup>th</sup> (President's Day)



## Remember to go by the Federal Government closings.

## If PG County Schools are closed and/or the Federal Government is delayed please follow the inclement weather policy.

Thank you!

#### February 2021

#### Special points of interest:

- 🙂 Holiday Closures
- 🙂 Inclement Weather Notice
- © Infant/Toddler Lesson Plans
- © Preschool Lesson Plans
- ☺ We're on the Web:

www.chrislearningcenter.com

#### Inside this issue:

Holiday Closures	1
School Closing Policy	1
Infant/ Toddler Lesson Plans	2
Preschool Lesson Plans	3
Black History Month	4
Civil Rights in America	5
Dental Health Month	6
Recipe of the Month	7
Homework Reminders	7

# **Infant/Toddler Lesson Plan**

Finger play >Five Valentines Cognitive Skills >Peek-A-Boo with Mirrors Readiness skills >Look at pictures (color id) Fine & gross motor skills >Fine motor skills—Let's Reach! >Gross motor skills—Up/Down; Push and Pull Physical Development (coordinating movement) >Activity center >Playing with shapes > Block building





Tummy time >Play mat with objects (physical development/ coordinating movement) Circle time >ABC's song >Numbers—foam >Colors with felt >Using objects and toys >Viewing Large shapes Flash cards (cognitive development/ exploring and discovering) Music with Motion Singing "Over the River" and making hand gestures

Reading Readiness Skills >"This Little Piggy" Physical contact (focus large motor skills) Social/ Emotional Skills >Facial expressions >Communication, responding to baby with positivity and action words Arts and Crafts (personal and social development/ learning about self) >Handprint Story time >Puppet Show Coordinating Movement >"If you're happy and you know it, clap your hands "



### Lesson Plan : 2s & 3s

Letters: G & H (Letter hunt, Letter March, Sensory Letters) (cognitive skills)

Numbers: 7 & 8 (Number hunt- finding number 7 and 8 (cognitive skills/ exploring social learning)

Number worksheets coloring- (fine motor skills) (controlling small muscle groups)

Exercise: Aerobics (physical development) (gross motor skills), Climbing up the ladder/ slide, move riding cars with legs

Colors: Red & pink (Color Day—everyone wears our special colors; Color hunt; Color sort and match) (Reading Readiness)

Shape: Heart—Shape Hunt (social/emotional)

Poem: February (language and literacy)

Handwriting: G & H with chalk; in sand; and/or Etch-a-Sketch with stylus (fine motor skills)

**Spanish: Food Groups** 

Song: "I love you" (Barney Song) (Social/ emotional skills)

Music: Singing Songs/ playing instruments

Arts & Crafts: Heart people with play dough

**Sign Language: Colors** 

Language Development: Early Literacy: Pre-Reading and Pre-Writing/Story time

Cognitive Skills: Memory (Days of the week)

#### Lesson Plan: 4s & 5s

Reviewing beginning blend sounds (reading readiness)

Practice with chalk drawing "heart shape" (fine motor skills)

Exercise: Aerobics (gross motor skills) (coordination of large motor skills), sliding, riding tricycles, jungle gym

Handwriting: Numbers 1-50 (using chalk, sand, and crayons) (fine motor skills)

Math: Addition up to 10 (using bears, counters, etc.) (cognitive skills)

Colors: Red & pink (Color Day—everyone wears our special colors; Color hunt; Color sort and match) (social/ emotional skills, & cognitive skills)

Song: "Freedom" (social/emotional skills)

Poems: <u>Dr. King's Dream</u> & <u>February</u> (language and literacy)

Spanish: Parts of the Body (language skills)

Music: Singing songs/ reciting poems (social/ emotional skills)

Arts & Crafts: Send a Card to a Friend

**Sign Language: Food Groups** 

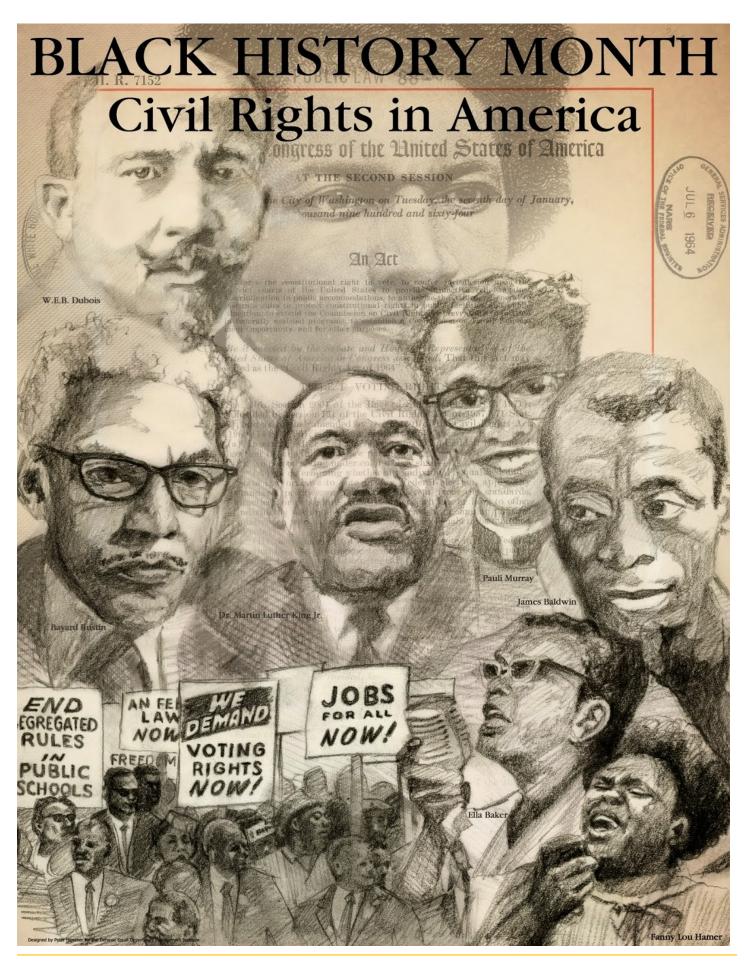
Language Development: (Early Literacy: Pre-Reading and Pre-Writing) Vocabulary words/Sight words

**Cognitive Skills: Memory (Months of the Year)** 



You only hear about a select few African Americans during Black History Month; Dr. Martin Luther King, Jr., Malcolm X, Barack Obama, Madame CJ Walker, Harriet Tubman, Frederick Douglas, and George Washington Carver. What about the others that helped pave the way, like Jackie Robinson, Misty Copeland, the first African American female soloist for the American Ballet Theatre, Marian Anderson- the first African American to be named a permanent member of the Metropolitan Opera Company, and Vonetta Flowersthe first black person to win a gold medal in the Winter Olympics?

Encourage our children to be the best they can be!



February

# **National Children's Dental Health Month**



# **Remember to brush TWICE a day!**

**Chris' Learning Center Inc.** 

3100 Tucker Road Fort Washington, MD 20744 Center I: 301-203-0564 Center III: 301-248-1660 Fax: 301-248-1833



### February 2<sup>nd</sup> is Groundhog Day!

## Hopefully he will not see his shadow!

#### **Recipe of the Month:**

#### <u>Jell-O Hearts</u>

Ingredients: Gelatin mix Boiling Water Heart shaped cookie cutter Baking Pan

Mix the gelatin mix and boiling water together Douglas. in a bowl until the gelatin mix is dissolved.

Pour the mixture into a baking pan and sit in the refrigerator until gelatin is firm. Using the heart shaped cookie cutter, cut heart shapes into the gelatin.

#### **Enjoy!**

#### Homework Reminder

Please bring in pictures of famous African Americans throughout history.

Pictures can go as far back as Harriet Tubman and as present as Former First Lady Michelle Obama, Simone Biles and Gabby Douglas.

Lets make learning fun!

Happy Valentine's Day!

We will be having a Valentine's celebration. Feel free to bring in cards, gifts, sweets, etc.