THE COMMUNICATOR

FEBRUARY

The center will be closed:

Monday, February 21st (President's Day)



Remember to go by the Federal Government closings.

If PG County Schools are closed and/or the

Federal Government is delayed please follow the inclement weather policy.

Thank you!

February 2022

Special points of interest:

- Holiday Closures
- Inclement Weather Notice
- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web:

www.chrislearningcenter.com

Inside this issue:

Holiday Closures	1
School Closing Policy	1
Infant/ Toddler Lesson Plans	2
Preschool Lesson Plans	3
Black History Month	4
Civil Rights in America	5
Dental Health Month	6
Recipe of the Month/ Valentine's Day Party	7
Homework Reminders	7

Infant/Toddler Lesson Plan

Finger play

>Five Valentines

Cognitive Skills

>Peek-A-Boo with Mirrors

Readiness skills

>Look at pictures (color id)

Fine & gross motor skills

>Fine motor skills—Let's Reach!

>Gross motor skills—Up/Down; Push and Pull

Physical Development



Reading Readiness Skills

>"This Little Piggy" Physical contact (focus large motor skills)

Social/Emotional Skills

>Facial expressions

>**Communication**, responding to baby with positivity and action words

Arts and Crafts

(personal and social development/ learning about self)

>Handprint

Story time



Tummy time

>Play mat with objects

(physical development/ coordinating movement)

Circle time

>ABC's song

>Numbers—foam

>Colors with felt

>Using objects and toys

>Viewing Large shapes Flash cards

(cognitive development/ exploring and discovering)



Lesson Plan : 2s & 3s

Letters: G & H (Letter hunt, Letter March, Sensory Letters) (cognitive skills)

Numbers: 7 & 8 (Number hunt– finding number 7 and 8 (cognitive skills/ exploring social learning)

Number worksheets coloring- (fine motor skills)
(controlling small muscle groups)

Exercise: Aerobics (physical development) (gross motor skills), Climbing up the ladder/slide, move riding cars with legs

Colors: Red & pink (Color Day—everyone wears our special colors; Color hunt; Color sort and match) (Reading Readiness)

Shape: Heart—Shape Hunt (social/emotional)

Poem: February (language and literacy)

Handwriting: G & H with chalk; in sand; and/ or Etch-a-Sketch with stylus (fine motor skills)

Spanish: Food Groups

Song: "I love you" (Barney Song) (Social/ emotional skills)

Music: Singing Songs/ playing instruments

Arts & Crafts: Heart people with play dough

Sign Language: Colors

Language Development: Early Literacy: Pre-Reading and Pre-Writing/Story time

Cognitive Skills: Memory (Days of the week)

Lesson Plan: 4s & 5s

Reviewing beginning blend sounds (reading readiness)

Practice with chalk drawing "heart shape" (fine motor skills)

Exercise: Aerobics (gross motor skills) (coordination of large motor skills), sliding, riding tricycles, jungle gym

Handwriting: Numbers 1-50 (using chalk, sand, and crayons) (fine motor skills)

Math: Addition up to 10 (using bears, counters, etc.) (cognitive skills)

Colors: Red & pink (Color Day—everyone wears our special colors; Color hunt; Color sort and match)

(social/emotional skills, & cognitive skills)

Song: "Freedom" (social/emotional skills)

Poems: <u>Dr. King's Dream</u> & <u>February</u> (language and literacy)

Spanish: Parts of the Body (language skills)

Music: Singing songs/ reciting poems (social/ emotional skills)

Arts & Crafts: Send a Card to a Friend

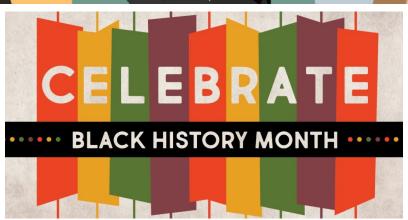
Sign Language: Food Groups

Language Development: (Early Literacy:

Pre-Reading and Pre-Writing) Vocabulary words/Sight words

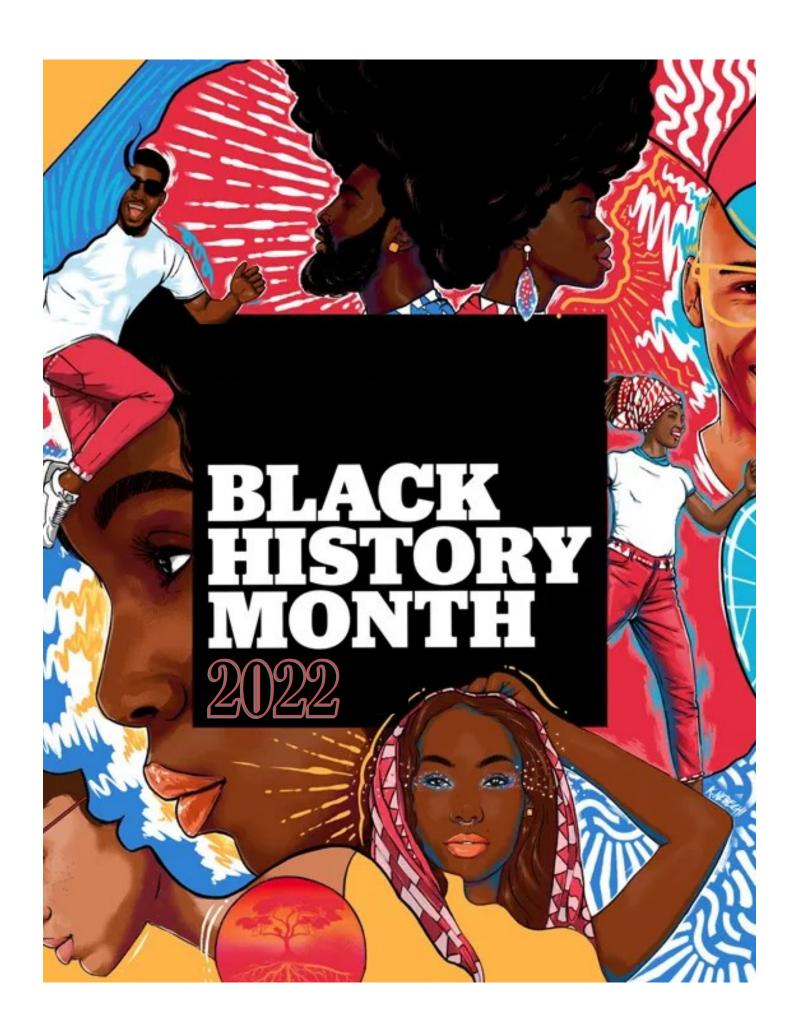
Cognitive Skills: Memory (Months of the Year)





You only hear about a select few African Americans during Black History Month; Dr. Martin Luther King, Jr., Malcolm X, Barack Obama, Madame CJ Walker, Harriet Tubman, Frederick Douglas, and George Washington Carver. What about the others that helped pave the way, like Jackie Robinson, Misty Copeland, the first African American female soloist for the American Ballet Theatre, Marian Anderson— the first African American to be named a permanent member of the Metropolitan Opera Company, and Vonetta Flowers— the first black person to win a gold medal in the Winter Olympics?

Encourage our children to be the best they can be!



NATIONAL CHILDREN'S DENTAL HEALTH







Remember to brush TWICE a day!

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February 2nd is Groundhog Day! Hopefully he will not see his shadow!



Recipe of the Month:

Strawberry Cake Cookies

Ingredients:

- Strawberry cake mix
- 2 eggs
- 1/2 cup vegetable oil
- 1 cup white chocolate chips
- 1. Preheat oven to 350°F.
- 2. Combine the strawberry cake mix, oil, and eggs into the bowl of a stand mixer fitted with a paddle attachment.
- 3. Mix on medium speed until a soft dough forms.
- 4. Stir in white chocolate chips by hand, using a spatula or wooden spoon.
- 5. Use a small ice cream scoop or melonballer to scoop about 1 Tablespoon of dough onto a prepared baking sheet, 2 inches apart.



- 6. Bake for 8-10 minutes.
- 7. Allow to sit for a minute or two before transferring to a wire cooling rack.

Enjoy!

Homework Reminder

Please bring in pictures of famous African Americans throughout history.

Pictures can go as far back as Harriet Tubman and as present as Former First Lady Michelle Obama, Simone Biles and Gabby Douglas.

Lets make learning fun!

Happy Valentine's Day!

We will be having a Valentine's celebration. Feel free to bring in cards, gifts, sweets, etc.