



CHRIS' LEARNING CENTER, INC.

FORT WASHINGTON, MARYLAND 20744

Our daily schedules are built to support the developmental milestones of each age group, with the purpose of preparing each child for the next developmental stage.

Infant Daily Schedule

Time	Activity
6:30 AM	Center opens/welcome and communication with parents
8:00 AM - 8:30 AM	Touch and exploration activities
8:30 AM - 9:00 AM	Diaper routine
9:15 AM - 10:15 AM	Outside (weather permitting)
9:30 AM - 10:30 AM	Story-time/finger plays
10:30 AM - 10:45 AM	Diaper routine
10:45 AM - 11:15 AM	Art and sensory activities
11:30 AM - 11:30 AM	Tidy up/prepare for lunch
11:30 AM - 12:30 PM	Lunch
12:30 PM - 2:30 PM	Diaper routine/quiet activities/nap
2:30 PM - 3:00 PM	Wake-up/fine and gross motor activities
3:00 PM - 3:30 PM	Snack/bottles offered
3:30 PM - 4:00 PM	Outside (weather permitting)/singing and movement activities
4:00 PM - 5:00 PM	Diaper routine/free play
5:00 PM - 6:00 PM	Diaper routine/free play
6:00 PM - 7:00 PM	Prepare for departure

- This schedule will be modified according to the children's needs.
- Naps, snacks, lunch, etc. will be adjusted according to each infant's schedule.
- Outdoor play will depend on weather conditions.