

# THE COMMUNICATOR – APRIL

## PARENT REMINDER:

THE CENTER WILL BE CLOSED

APRIL 25<sup>TH</sup>–29<sup>TH</sup> (PROFESSIONAL DEVELOPMENT WEEK)



Easter is on Sunday, April 17<sup>th</sup>

**It's Allergy Season!**

Please remember to give your child his/her allergy medicine before coming to school.

Thank you!

## April 2022

---

### Special points of interest:

- Allergy Season Notice
- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web"

[www.chrislearningcenter.com](http://www.chrislearningcenter.com)

---

### Inside this issue:

Allergy Season Notice	1
Infant/ Toddler Lesson Plan	2
Preschool Lesson Plan	3
Keys to self -control	4
Recipe for the Month	5

# Infant/Toddler Lesson Plan

## Finger play

>“Here Comes Peter Cotton Tail”

## Cognitive Skills

>Find the egg

## >Readiness skills

>Look at pictures (color id– pink)

## Fine & gross motor skills

>Fine motor skills—Grab it (egg)!

>Gross motor skills—”Hop Little bunnies”

“See the Easter Bunny”

## Physical Development

(coordinating movement)

>Activity center

>Playing with oval shapes – eggs



## Reading Readiness Skills

>“I’m a Little Chicken” Physical contact  
(large motor skills)

## Social/ Emotional Skills

>Telephone!

>Facial expressions

>Communication, responding to baby with  
positivity and action words

## Arts and Crafts

(personal and social development/learning  
about self)

>Handprint Flowers

## Story time

>Puppet Show with Mr. Bunny

## Coordinating Movement

>Push walker/ Pull a toy behind



## Tummy time

>Play mat with objects

(physical development/coordinating move-  
ment)

## Circle time

>ABC’s song

>Numbers—big foam blocks

>Colors the chick

>Viewing animal Flash cards (cognitive de-  
velopment/ exploring and discovering)

## Music with Motion



# Preschool Lesson Plans

## Lesson Plan : 2s & 3s

**Letters:** K & L—Letter Hunt; Letter Race (cognitive skills)

**Numbers:** 11 & 12—Number Hunt (cognitive skills)

**Number Worksheet:** Color by number (fine motor skills/cognitive development)

**Exercise:** Easter egg hunt (physical development-gross motor skills)

**Colors:** White & Pink—Color Scavenger Hunt (cognitive development)

**Shape:** Oval —like an egg (social/emotional development)

**Story:** Peter Cotton Tail (language and literacy development)

**Handwriting:** K & L with chalk and/or markers (fine motor skills)

**Spanish:** Food

**Song:** “Ten Fluffy Chickens” (social/emotional development)

**Music:** Singing Songs/ playing instruments

**Arts & Crafts:** Rabbit Puppets

**Sign Language:** Colors— pink and white

**Language Development:** Early Literacy: Pre-Reading and Pre-Writing/Story Time

**Cognitive Skills:** Memory (Numbers 1-8)

## Lesson Plan : 4s & 5s

**Reviewing:** Beginning blend sounds (reading readiness)

**Practice:** Drawing “oval shape” with crayons (fine motor skills)

**Exercise:** Easter egg hunt (physical development—gross motor skills)

**Handwriting:** First and Last Name (fine motor skills/reading readiness)

**Math:** Subtraction from 10—using bears and/or counters (cognitive development)

**Colors:** White and Pink—Color Scavenger Hunt (cognitive development)

**Song:** “Little Peter Rabbit”

**Story:** Peter Cotton Tail

**Spanish:** Conversation

**Music:** Singing songs/ reciting poems

**Arts & Crafts:** Rabbit Puppets

**Sign Language:** Colors— pink and white

**Language Development:** Early Literacy: Pre-Reading and Pre-Writing—Sight Words

**Cognitive Skills:** Sorting colors or the eggs or Matching Game

---



# Dear Parents...

## Keys to self-control.

- How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.

## Talk it out.

- Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated? Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book?), encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room- maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

## Think ahead.

- Prepare for situations where self-control comes in handy. You could say, "We're going to your cousin's house. Let's think about what you can do if she's playing with a toy you want." He may ask to join her, or he could ask to play with another toy until she's finished. Having a plan can help him avoid grabbing the toy or yelling at his cousin.

## Calm down.

- When your youngster begins to get upset, help him find ways to keep his cool. For instance, he might take





∞ ☪ ∞

# RECIPE *of the* MONTH

## Bite-Sized Apple Pies

### Ingredients:

- 1/2 cup sugar
- 2 teaspoons ground cinnamon
- 2 sheets refrigerated pie crust
- 3 tablespoons butter, melted, divided
- 2 medium tart apples
- Caramel sauce, optional

1. Preheat oven to 425°. In a small bowl, mix sugar and cinnamon; reserve 1 tablespoon. On a lightly floured surface, unroll pie crusts; roll and trim each to an 8-in. square. Brush with 2 tablespoons butter; sprinkle with remaining sugar mixture. Cut each square into eight 1-in. strips.
2. Cut each apple into 8 wedges; wrap 1 strip of pastry around each wedge, placing sugared side of pastry against the apple.
3. Place on a parchment-lined baking sheet. Brush tops with remaining butter; sprinkle with reserved sugar mixture. Bake 13-15 minutes or until pastry is golden brown. Serve warm, with caramel sauce if desired.

