# THE COMMUNICATOR —APRIL

# PARENT REMINDER:

# THE CENTER WILL BE CLOSED

# APRIL 25TH-29TH (PROFESSIONAL DEVELOPMENT WEEK)



# Easter is on Sunday, April 17th

# It's Allergy Season!

Please remember to give your child his/her allergy medicine before coming to school.

Thank you!

### **April 2022**

#### Special points of interest:

- Allergy Season Notice
- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web"

www.chrislearningcenter.com

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# Infant/Toddler Lesson Plan

#### Finger play

>"Here Comes Peter Cotton Tail"

#### **Cognitive Skills**

- >Find the egg
- >Readiness skills
- >Look at pictures (color id pink)

#### Fine & gross motor skills

- >Fine motor skills—Grab it (egg)!
- >Gross motor skills—"Hop Little bunnies"
- "See the Easter Bunny"

#### **Physical Development**

(coordinating movement)

- >Activity center
- >Playing with oval shapes eggs



#### **Reading Readiness Skills**

>"I'm a Little Chicken" Physical contact (large motor skills)

#### Social/Emotional Skills

- >Telephone!
- >Facial expressions
- >Communication, responding to baby with positivity and action words

#### **Arts and Crafts**

(personal and social development/learning about self)

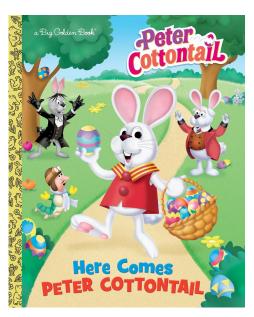
>Handprint Flowers

#### **Story time**

>Puppet Show with Mr. Bunny

#### **Coordinating Movement**

>Push walker/ Pull a toy behind



### **Tummy time**

>Play mat with objects

(physical development/coordinating movement)

#### Circle time

- >ABC's song
- >Numbers—big foam blocks
- >Colors the chick
- >Viewing animal Flash cards (cognitive development/ exploring and discovering)

#### **Music with Motion**



# **Preschool Lesson Plans**

Lesson Plan: 2s & 3s

Letters: K & L—Letter Hunt; Letter Race

(cognitive skills)

Numbers: 11 & 12—Number Hunt (cognitive

skills)

Number Worksheet: Color by number (fine

motor skills/cognitive development)

Exercise: Easter egg hunt

(physical development-gross motor skills)

**Colors:** White & Pink—Color Scavenger Hunt

(cognitive development)

**Shape:** Oval —like an egg

(social/emotional development)

Story: Peter Cotton Tail

(language and literacy development)

**Handwriting:** K & L with chalk and/or mark-

ers (fine motor skills)

**Spanish:** Food

**Song:** "Ten Fluffy Chickens"

(social/emotional development)

**Music:** Singing Songs/ playing instruments

**Arts & Crafts:** Rabbit Puppets

Sign Language: Colors- pink and white

Language Development: Early Literacy: Pre-

Reading and Pre-Writing/Story Time

**Cognitive Skills:** Memory (Numbers 1-8)

Lesson Plan: 4s & 5s

**Reviewing:** Beginning blend sounds

(reading readiness)

**Practice:** Drawing "oval shape" with crayons

(fine motor skills)

Exercise: Easter egg hunt

(physical development—gross motor skills)

**Handwriting:** First and Last Name (fine mo-

tor skills/reading readiness)

**Math:** Subtraction from 10—using bears and/or

counters (cognitive development)

Colors: White and Pink—Color Scavenger Hunt

(cognitive development)

**Song**: "Little Peter Rabbit"

**Story:** Peter Cotton Tail

**Spanish**: Conversation

**Music:** Singing songs/ reciting poems

**Arts & Crafts:** Rabbit Puppets

**Sign Language:** Colors– pink and white

Language Development: Early Literacy: Pre-

Reading and Pre-Writing-Sight Words

**Cognitive Skills**: Sorting colors or the eggs or

**Matching Game** 



# Keys to self-control.

 How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.

#### Talk it out.

• Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated? Where did I last have them?" Then, when he's aggravated )say, he misplaced his favorite book?, encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room—maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

### Think ahead.

Prepare for situations where self-control comes in handy. You could say, "We're going
to your cousin's house. Let's think about what you can do if she's playing with a toy you
want." He may ask to join her, or he could ask to play with another toy until she's finished. Having a plan can help him avoid grabbing the
toy or yelling at his cousin.

### Calm down.

 When your youngster begins to get upset, help him find ways to keep his cool. For instance, he might take



# **Bite-Sized Apple Pies**

## **Ingredients:**

- 1/2 cup sugar
- 2 teaspoons ground cinnamon
- 2 sheets refrigerated pie crust
- 3 tablespoons butter, melted, divided
- 2 medium tart apples
- Caramel sauce, optional
- 1. Preheat oven to 425°. In a small bowl, mix sugar and cinnamon; reserve 1 tablespoon. On a lightly floured surface, unroll pie crusts; roll and trim each to an 8-in. square. Brush with 2 tablespoons butter; sprinkle with remaining sugar mixture. Cut each square into eight 1-in. strips.
- 2. Cut each apple into 8 wedges; wrap 1 strip of pastry around each wedge, placing sugared side of pastry against the apple.
  - 3. Place on a parchment-lined baking sheet. Brush tops with remaining butter; sprinkle with reserved sugar mixture. Bake 13-15 minutes or until pastry is golden brown. Serve warm, with caramel sauce if desired.