

APRIL

The center will be closed April 22nd—April 26th
for Professional Development

April 2024

Special points of interest:

- Allergy Season Notice
- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web"

www.chrislearningcenter.com

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It's Allergy Season!

Please remember to give your child his/her allergy
medicine before coming to school.

Thank you!

Infant/Toddler Lesson Plan

Finger play

>“Spring Flowers”

Cognitive Skills

>Find the object

>Readiness skills

>Look at pictures (color id– yellow)

Fine & gross motor skills

>Fine motor skills—Grab it!

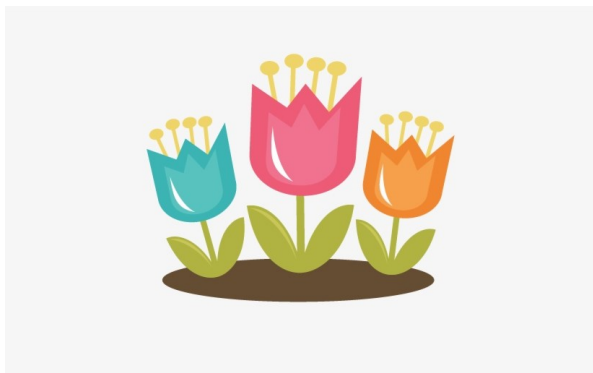
>Gross motor skills—”If you’re Happy and You know It...”

Physical Development

(coordinating movement)

>Activity center

>Playing with shapes



Reading Readiness Skills

>“5 Little Monkeys” Physical contact
(large motor skills)

Social/ Emotional Skills

>Telephone!

>Facial expressions

>Communication, responding to baby with
positivity and action words

Arts and Crafts

(personal and social development/learning
about self)

>Handprint Flowers

Story time

>Puppet Show

Coordinating Movement

>Push walker/ Pull a toy behind

Tummy time

>Play mat with objects

(physical development/coordinating movement)

Circle time

>ABC’s song

>Numbers—big foam blocks

>Colors the felt

>Viewing animal Flash cards (cognitive development/
exploring and discovering)

Music with Motion

Singing “Over the River” and making hand gestures



Lesson Plan : 2s & 3s

Letters: K & L—Letter Hunt; Letter Race
(cognitive skills)

Numbers: 11 & 12—Number Hunt (cognitive skills)

Exercise: Bouncing Balls
(physical development-gross motor skills)

Shape: Star—I Spy
(social/emotional development)

Story: My Garden
(language and literacy development)

Handwriting: K & L with chalk and/or markers (fine motor skills)

Spanish: Food

Song: “April Showers/Spring Flowers”
(social/emotional development)

Music: Singing Songs/ playing instruments

Arts & Crafts: Duck Puppets

Sign Language: Colors

Cognitive Skills: Memory (Numbers 1-8)



Lesson Plan : 4s & 5s

Reviewing: Beginning blend sounds
(reading readiness)

Practice: Drawing “oval shape” with crayons
(fine motor skills)

Exercise: Bouncing Balls
(physical development—gross motor skills)

Handwriting: Numbers 1—100 (fine motor skills/reading readiness)

Math: Addition to 10—using bears and/or counters (cognitive development)

Song: “April Showers”

Story: My Garden

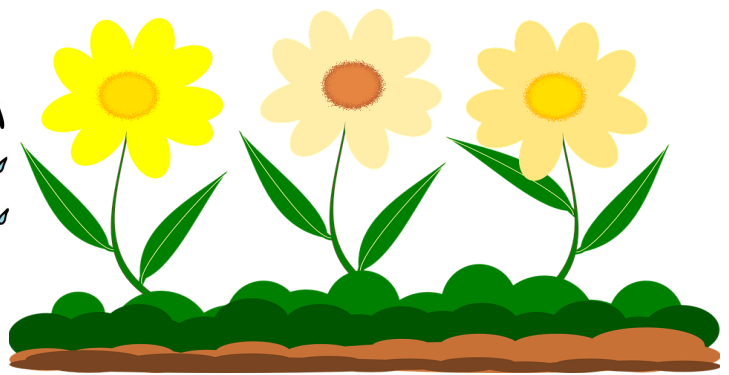
Spanish: Conversation

Music: Singing songs/ reciting poems

Arts & Crafts: Duck Puppets

Sign Language: Colors

Cognitive Skills: Matching Game





Dear Parents...

Keys to self-control.

- How can you teach your little one to handle big emotions like anger, frustration, and disappointment? Work on increasing his self-control with these strategies to help him think before he acts.

Talk it out.

- Give your child words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so frustrated? Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book?), encourage him to use similar words. ("I feel upset because I want my book. I was looking at it in the living room- maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

Think ahead.

- Prepare for situations where self-control comes in handy. You could say, "We're going to your cousin's house. Let's think about what you can do if she's playing with a toy you want." He may ask to join her, or he could ask to play with another toy until she's finished. Having a plan can help him avoid grabbing the toy or yelling at his cousin.

Calm down.

- When your youngster begins to get upset, help him find ways to keep his cool. For instance, he might take



RECIPE
of the
MONTH

Pencil Rice Krispies Treats

Ingredients:

- 6 cups Rice Krispies cereal
- 4 cups miniature marshmallows
- 3 tbsp butter
- 1/2 cup yellow candy melts
- 1/4 cup pink candy melts
- 1/4 cup white candy melts
- 1 tbsp chocolate chips
- 2 tbsp silver sanding sugar (optional)



1. Grease an 8 x 10 baking sheet
 2. Melt butter for 30 seconds in a large microwave-safe bowl or use a double-boiler.
 3. Stir in marshmallows and melt for 30 seconds. Repeat in 30 seconds. Repeat in 30 second intervals until marshmallows are melted.
 4. Add Rice Krispies cereal; mix until well combined.
 5. Press cereal mixture into prepared pan. Allow the treats to harden.
 6. Use a pencil shaped cookie cutter to make 12 Rice Krispies Treats.
 7. Heat the candy melts in small bowls according to package directions.
 8. Cover the center of the pencil with yellow candy melts. Let the chocolate harden for 5-10 minutes. Repeat with the pink candy melts for the eraser.
 9. Once the yellow and pink candy melts. Let the chocolate harden for 5-10 minutes. Repeat with the pink candy melts for the eraser.
 10. Once the yellow and pink candy melts have set, fill the space between with the white candy melts. Sprinkle the silver sanding sugar over the white chocolate. Once the chocolate has set, the are ready to eat.
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