

THE COMMUNICATOR

FEBRUARY

Parent Reminder:

The center will be closed:

Monday, February 16th (President's Day)



Follow the Federal Government for closings.

If PG County Schools are closed and/or the Federal Government is delayed please follow the inclement weather policy.

Thank you!

February 2026

Special points of interest:

- Holiday Closures
- Inclement Weather Notice
- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web:

www.chrislearningcenter.com

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Infant/Toddler Lesson Plan

Finger play

- > Five Valentines

Cognitive Skills

- > Peek-A-Boo with Mirrors

Readiness skills

- > Look at pictures (color id)

Fine & gross motor skills

- > Fine motor skills—Let's Reach!
- > Gross motor skills—Up/Down; Push and Pull

Physical Development

(coordinating movement)

- > Activity center
- > Playing with shapes
- > Block building



Reading Readiness Skills

- > "This Little Piggy" Physical contact (focus large motor skills)

Social/ Emotional Skills

- > Facial expressions
- > **Communication**, responding to baby with positivity and action words

Arts and Crafts

(personal and social development/ learning about self)

- > Handprint

Story time

- > Puppet Show

Coordinating Movement

- > "If you're happy and you know it, clap your hands"



Tummy time

- > Play mat with objects (physical development/ coordinating movement)

Circle time

- > ABC's song
- > Numbers—foam
- > Colors with felt
- > Using objects and toys
- > Viewing Large shapes Flash cards (cognitive development/ exploring and discovering)

Music with Motion

Singing "Over the River" and making hand gestures



Lesson Plan : 2s & 3s

Letters: P, Q, R

Numbers: 16, 17, 18

Exercise: Aerobics

Zumba, Head, Shoulders, Knees & Toes—stretching

Colors: Brown, Green, Yellow

Shape: Star, Heart, Triangle —Shape Hunt

Poem: Dr. King's Dream & February

Handwriting: Last Name

Spanish: Food

Songs: “I love you” (Barney Song) &

“Freedom”

Music: Singing Songs/ playing instruments

Arts & Crafts: Heart people

Sign Language: Colors

Language Development: Story time

Cognitive Skills: Days of the Week

Lesson Plan : 4s & 5s

Reviewing beginning blend sounds
(reading readiness)

Practice: Writing first and last name

Exercise: Aerobics

Zumba, Head, Shoulders, Knees & Toes—stretching

Handwriting: Numbers 1-50

Math: Addition up to 10 (using counters)

Colors: Red & pink

Song: “Freedom”

Poems: Dr. King's Dream & February

Spanish: Food

Music: Singing songs/ reciting poems

Arts & Crafts: Valentine Cards

Sign Language: Food

Language Development: Vocabulary words/
Sight words

Cognitive Skills: Days of the Week



You usually hear about a select few African Americans during Black History Month; Dr. Martin Luther King, Jr., Malcolm X, Barack Obama, Madame CJ Walker, Harriet Tubman, Frederick Douglas, and George Washington Carver. Be sure to tell your children about the others that helped pave the way, like Misty Copeland- the first African American female soloist for the American Ballet Theatre, Gordon Parks- the first African American director of a Hollywood studio film, Vonetta Flowers- the first black person to win a gold medal in the Winter Olympics, and so many others!

Encourage our children to be the best they can be!



Homework

Please bring in pictures of famous African Americans throughout history.

Pictures can go as far back as Bessie Coleman and as present as Simone Biles.

Lets make learning fun!

NATIONAL CHILDREN'S DENTAL HEALTH MONTH



**Remember to brush TWICE
a day!**

**February 2nd is Groundhog Day!
Hopefully he will not see his shadow!**



Red Velvet Valentine's Cinnamon Rolls

Ingredients:

For red velvet dough:

- 1 package red velvet cake mix, regular size
- 1 package (1/4 ounce) active dry yeast
- 2 1/2 to 3 cups all-purpose flour
- 1 1/4 cups warm water

For filling:

- 1/4 cup butter, melted
- 1 tablespoon ground cinnamon
- 1/2 cup brown sugar

For topping:

- 4 ounce cream cheese, softened
- 2 cups powdered sugar
- 1 teaspoon vanilla extract
- 1/4 cup butter, softened
- Valentine's sprinkle, optional
- chocolate

Instructions:

To make red velvet dough:

1. In a large bowl, combine red velvet cake mix, yeast and 1 cup flour
2. Add warm water and beat on medium speed 2 to 3 minutes
3. Add additional flour and knead with a stand mixer or by hand to form a soft dough
4. Spray a large bowl with non-stick cooking spray and place dough inside
5. Cover the bowl with plastic wrap and let the dough rest in a warm place for an hour until doubled in size

To make filling:

1. In a small bowl, mix brown sugar and cinnamon, set aside
2. After dough has risen place dough on a lightly floured surface and roll out into a large rectangle about 1/4 "thick
3. Spread melted butter over the dough and sprinkle with brown sugar mixture
4. Start from the farthest edge and carefully roll the dough into a log
5. Using a sharp knife, cut into 12 equal pieces
6. Place cinnamon rolls in a 9x13-inch baking dish with parchment paper
7. Cover with kitchen towel and let rise for another 1 hour
8. Preheat oven to 350°.
9. Bake 15-20 minutes or until lightly browned



To make topping:

1. In a small bowl, beat cream cheese and butter until fluffy
 2. Add powdered sugar and vanilla extract and mix until combined
 3. Spread topping over warm rolls
 4. Sprinkle with Valentines sprinkles
- Enjoy!