

THE COMMUNICATOR

AUGUST

GOODBYE SUMMER

August 2026

Special points of interest:

- Infant/Toddler Lesson Plans
- Preschool Lesson Plans
- We're on the Web

www.chrislearningcenter.com

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Infant/Toddler Lesson Plans

Finger play

- > “Little Miss Muffet”

Cognitive Skills

- > Objects in a box—sensory exploration

> Readiness skills

- > Sing-Along Songs—”This Old Man...”

Fine & gross motor skills

- > Fine motor skills—Pincer grasp— picking up finger foods

- > Gross motor skills—Dump and Fill

Physical Development

- > Activity center
- > Playing with soft balls
- > Block building



Reading Readiness Skills

- > “Pop Goes the Weasel” Physical contact

Social/ Emotional Skills

- > Body Awareness
- > Facial expressions

Communication

- > Responding to child with positivity
- > Make eye contact and communicating with the child.

Arts and Crafts

- > Footprints

Story time

- > Colors

Coordinating Movement

- > Push walker/ Pull a toy behind

Outside Play

- > Push toys/ balls/ slide



Tummy Time

(physical development/coordinating movement)

- > Reach and Scoot for objects

Circle time

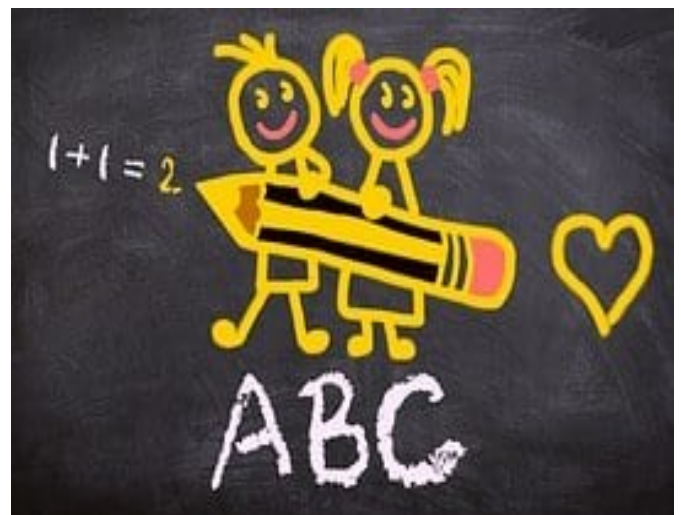
(cognitive development/exploring and discovering)

- > ABC's song
- > Numbers—big blocks
- > Colors with felt
- > Viewing Large Flash cards—Animals

Music with Rhythm

- > Dance to music

Singing “This is the Way...” with hand gestures and body movements



Preschool Lesson Plans

Lesson Plan : 2s & 3s

Letters: Review all letters of the alphabet—Letter Maze, Letter Hunt (cognitive development)

Numbers: Review numbers 1-20—Sensory Numbers (fine motor skills/cognitive development)

Number Worksheets: Color by Number (fine motor skills/cognitive development)

Exercise: Bunny Hop (physical development—gross motor skills)

Color(s): Review all basic colors—Collage (social/emotional development)

Shape: Review all basic shapes—Using craft sticks (fine motor skills/cognitive development)

Poem: Preschool Pledge (language and literacy)

Handwriting: First Name—using chalk, and/or Etch-a-Sketch with stylus (fine motor skills)

Spanish: Colors/ Numbers

Song: Peace and Harmony

Music: Dance to the music/ Musical Chairs

Arts & Crafts: Fun in the Sun

Sign Language: Review all signs

Language Development: Early Literacy: Pre-Reading and Pre-Writing/Story time

Cognitive Skills: First and Last Name

Lesson Plan : 4s & 5s

Review: Sight words (reading readiness)

Practice: with chalk drawing “rectangle shape” (fine motor skills)

Exercise: Hokey Pokey (physical development—gross motor skills)

Handwriting: First and Last Names—using markers (fine motor skills)

Math: Sorting by color and size (cognitive development)

Color(s): Review all basic colors—Collage (social/emotional development)

Song: Read Your Bible, Pray Every Day

Poem: Preschool Pledge (language and literacy)

Spanish: Food

Music: Dance to the music/ Musical Chairs

Arts & Crafts: Fun in the Sun

Sign Language: Review all signs

Language Development: Early Literacy: Pre-Reading and Pre-Writing—Sight words

Cognitive Skills: Sequencing

Outdoor activity: Moon Bounce (physical development—gross motor skills)

RECIPE
of the
MONTH
S'mores Starfish

Ingredients:

- **Butter for greasing star shaped cookie cutters**
 - **1 bag Jet-Puffed S'moreMallows 30 square marshmallows (Or regular marshmallows)**
- **12 ounces dark chocolate or dark candy melts**
- **1 1/2 cups graham cracker crumbs from about 12 graham crackers**
 - **120 small candy eyes**

Instructions:

- 1. Grease small 1 1/2 to 2 1/2 inch star shaped cookie cutters with butter.**
- 2. Cut marshmallows with star shaped cutters.**
- 3. Cut stars in half to make 2 thin stars.**
- 4. Melt and temper dark chocolate, if using pure chocolate, or melt candy melts.**
- 5. Dip a marshmallow star in chocolate then coat with graham cracker crumbs.**
- 6. Set dipped marshmallow on a parchment paper lined baking sheet and allow to dry.**
- 7. Repeat, creating 60 starfish.**
- 8. Attach two candy eyes to each using the remaining chocolate.**
- 9. Store in an airtight container for up to a month.**

